

Blad1

PK meerkamp 2/10/22			hoog						
uur	loop		uur	ver	stand 1	stand 2	kogel	discus	speer/hockey
13.00	80H	Cad D	13.00	Cad H		Pup D	Min D	Min H	Pup H
		Mas D							
13.15	100H	Schol D							
		JSM D							
			13.30		Cad D				
13.45	60m	Pup H	13.45	Schol H			Schol D	Min D	Cad H
14.00	60m	Pup D	14.00			Pup H			
14.15	80m	Min H	14.15	JS H			JS D		
				Mas H			Mas D		
14.30	80m	Min D	14.30					Pup D	Schol H
14.50	200m	Cad H	14.45				Min H		
15.00	200m	Schol H	15.00		Schol D				
			15.15	Min D				Cad H	JS H
									Mas H
15.30	1000m	Pup H	15.30			Min H	Cad D		
	1000m	Pup D							
16.00	1000m	Min D	16.00		JS D			Schol H	
					Mas D				
16.15	200m	JS H	16.15	Cad D					
		Mas H							
16.30	1000m	Min H	16.30					JS H	
16.45	1500m	Cad H						Mas H	
17.00	1500m	Schol H	17.00	Schol D					Cad D
				JS D					
				Mas D					
17.30	1500m	JS H							
		Mas H							
17.45	800m	Schol D							
	800m	JS D							
		Mas D							

Pup D	hoog 13.00	60m 14.00	discus 14.30		1000 m 15.30
Min D	kogel 13.00	discus 13.45	80m 14.30	ver 15.15	1000 m 16.00
Pup H	hock 13.00	60m 13.45	hoog 14.00		1000 m 15.30
Min H	discus 13.00	80 m 14.15	kogel 14.45	hoog 15.30	1000 m 16.30
Cad D	80H 13.00	hoog 13.30	kogel 15.30	ver 16.15	speer 17.00
Schol D	100H 13.15	kogel 13.45	hoog 15.00	ver 17.00	800 m 17.45
JS D	100H 13.15	kogel 14.15	hoog 16.00	ver 17.00	800 m 17.45
Mas D	80H 13.00	kogel 14.15	hoog 16.00	ver 17.00	800 m 17.30
Cad H	ver 13.00	speer 13.45	200 m 14.50	discus 15.15	1500 m 16.45
Schol H	ver 13.45	speer 14.30	200 m 15.00	discus 16.00	1500 m 17.00
JS H	ver 14.15	speer 15.15	200 m 16.15	discus 16.30	1500 m 17.30
Mas H	ver 14.15	speer 15.15	200 m 16.15	discus 16.30	1500 m 17.30